



PRESBYTERIAN VILLAGE
A U S T E L L
A ministry of Presbyterian Homes of Georgia

Independent Living SAMPLE MENU

MONDAY

- Soup: Vegetable w/ Pesto (tomato)
Salad: Spinach Cranberry Salad
Entrée: Swiss Steak
Herb Butter Tilapia
Sides: Mashed Potatoes, Tuscan Rice,
Sliced Carrots, Roasted Spaghetti,
Squash, Mini Croissants
Dessert: Apple Cobbler

TUESDAY

- Soup: Lemon Lentil Soup
Salad: Bibb Salad
Entrée: Baked Pork Chops w/ Gravy
Steak & Cheese Quiche
Sides: Pinto Beans, Asparagus w/
Hollandaise, Breaded Green
Beans, Cornbread
Dessert: Cookies & Cream Pie

WEDNESDAY

- Soup: Corn & Pepper Soup
Salad: Kale Salad w/ Apples, Apricots
& Parmesan Cheese
Entrée: Fried Chicken
Slice Lamb Provencale
(Herb Sauce)
Sides: Mac & Cheese, Italian-Style
Cornmeal, Sugar Snap Peas,
Roasted Cauliflower, Assorted Rolls
Dessert: Assorted Desserts

THURSDAY

- Soup: BLT Soup (Pork) (Tomatoes)
Salad: Pear & Cranberry Salad
Entrée: Meatloaf w/ Gravy
Shrimp Louie Salad
(Tomato, Cucumber, Melon, Berries)
Sides: Sliced Baked Potato, Grilled
Pita Chips & Artichoke Spread,
Braised Cabbage, Dinner Roll
Dessert: Tapioca Pudding

FRIDAY

- Soup: Roasted Garlic Tomato (Gluten Free)
Salad: Potato Salad
Entrée: Braised Beef Brisket
Tuna Noodle Casserole
Sides: Black-eyed Peas, Collard Greens,
Maple Baby Carrots, Cornbread
Dessert: Black Forest Trifle

SATURDAY

- Soup: Zucchini Parmesan Basil (Gluten Free)
Salad: Caesar Salad
Entrée: Greek Chicken w/
Mushroom Sauce
Veal w/ Mushroom Sauce
Sides: Sweet Potato Hash, Whole Grain
Blend, Savory Green Beans,
Seasoned Artichokes,
Signature Roll
Dessert: Lemon Ice Box

SUNDAY

- Soup: Chickpea, Leek & Spinach Soup
Salad: Tossed Salad
Entrée: Chicken w/ Herbs & Wine
Baked Cod
Sides: Herb Sweet Potatoes, Rice Pilaf,
Green Bean Casserole, Broccoli
& Cheese Sauce, Yeast Roll
Dessert: Lemon Layer Cake



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Supportive Living SAMPLE LUNCH MENU

MONDAY

- Soup: Vegetable w/ Pesto (tomato)
Entrée: Open-Face Turkey Sandwich w/ Gravy
Sliced Knockwurst
Sides: Warm Pasta Salad, Cheese Grits, Zucchini & Pimentos, Sweet Red Cabbage, Dinner Roll
Dessert: Mango Pie

TUESDAY

- Soup: Lemon Lentil Soup
Entrée: Salmon Patties w/ Remoulade
Chicken Burrito Bowl
Sides: Corn Pudding, Mustard Greens, Fried Plantain, Cheese Biscuit
Dessert: Pound Cake w/ Orange Glaze

WEDNESDAY

- Soup: Corn & Pepper Soup
Entrée: Asian BBQ Beef
Sides: Broccoli Bacon Bowtie Casserole, Vegetable Fried Rice, Spring Roll w/ Teriyaki, Yellow Squash, French Bread
Dessert: Assorted Cookies

THURSDAY

- Soup: BLT Soup (Pork) (Tomatoes)
Entrée: Caribbean Chicken Thighs
Dijon Ham Steak
Sides: Savory Black Beans, Corn & Potato Hash, Caribbean Blend, Steamed Spinach, Mini Croissants
Dessert: Watermelon Cubes w/ Honey Drizzle

FRIDAY

- Soup: Roasted Garlic Tomato (Gluten-Free)
Entrée: Maple Glazed Boneless Pork Ribs
Creamed Turkey
Sides: Fresh Onion Rings, Buttered Noodles, Sautéed Zucchini, Savory Okra, Wheat Roll
Dessert: Pineapple Casserole

SATURDAY

- Soup: Zucchini Parmesan Basil (Gluten-Free)
Entrée: Beef Ravioli w/ Marinara
Seasoned Fried Cod
Sides: Rice, Fried Brussels Sprouts, Oriental Blend, Garlic Breadstick
Dessert: Chocolate Cake

SUNDAY

- Soup: Chickpea, Leek & Spinach Soup
Salad: Tossed Salad
Entrée: Prime Rib Au Jus
BBQ Chicken
Sides: Rice Pilaf, Whole Kernel Corn, Mustard Greens, Corn Bread
Dessert: Boston Cream Pie