

 **Sunday**
  **Monday**
  **Tuesday**
  **Wednesday**
  **Thursday**
  **Friday**
  **Saturday**

<p>404-261-1223 24 hour Calvin Court Courtesy Desk</p>	<p>celebrate BLACK history MONTH</p>	<p>Wellness Center Hours Monday thru Friday 8:00am to 4:30pm Closed M-F (12 to 12:30p) Saturday-9:30 to 12pm</p>		<p>Beauty Spot 470-223-6332 Wed-Sat 9:30-2:30pm</p>	<p>1 10:00 Bus to Kroger 2:30 Pokeno~ DR 3:00 Total Body Fitness ~ WC</p>	<p>2 9:30 RC Coffee Time—DR 9:30-12 Wellness Center Open</p>
<p>3 Super Bowl Party 11:00 Sunday School—MPR 5:30 Super Bowl Event ~ DR 6:30 Bible Study w/ Bill ~ MPR</p> 	<p>4 11:00 Strength & Balance ~WC 2:30 Blackjack ~ DR 3:00 Move it Monday ~ DR</p>	<p>5 Wal-Mart 10:00 Wal- Mart Trip 11:00 Agility & Mobility ~ WC 11:00 Dr. K Chiropractor ~ MPR 2:00 Spanish Class ~ MPR 2:30 Pokeno~ DR 6:00 Veggie Sale ~ Living Room 7:00 Bingo ~ DR</p>	<p>6 Black History Bowl 11:00 Strength & Balance ~ WC 11:00 Black History Quiz Game ~ DR 1:00 Bus to Publix 2:30 Trivia ~ DR</p> 	<p>7 Buford Farmers Market 10:00 Buford Farmers Market Trip 11:00 Stretch and relaxation~ WC 1:00 Book Club ~ MPR 2:30 Blackjack ~ DR 7:00 Bingo ~DR</p>	<p>8 Dollar Tree Trip 10:00 Trip to Dollar Tree 10:00 Bus to Kroger 2:30 Pokeno ~ DR 3:00 Total Body Fitness ~ WC</p>	<p>9 9:30 RC Coffee Time—DR 9:30-12 Wellness Center Open</p> 
<p>10 11:00 Sunday School—MPR 6:30 Bible Study w/ Bill ~ MPR</p> 	<p>11 Chris' Pizza 11:00 Chris' Pizza Trip 11:00 Strength & Balance-WC 2:30 Blackjack ~ DR 3:00 Move it Monday ~ DR</p> 	<p>12 9:45 BP Check ~ MPR 11:00 Agility & Mobility~ WC 11:00 Health Chat ~ DR 2:00 Spanish Class ~ MPR 2:30 Pokeno~ DR 3-4 Hearing Check ~ DR 6:00 Veggie Sale~ living Room 7:00 Bingo ~ DR</p>	<p>13 Coffee Hour 9:30 Breakfast and Coffee ~ DR 9:30 Medicaid/SNAP help ~ MPR 11:00 Strength & Balance ~ WC 1:00 Bus to Publix 2:30 Trivia ~ DR</p> 	<p>14 Happy Valentines Day 11:00 Stretch and Relaxation ~ WC 2:00 Catholic Mass ~ MPR 2:30 Blackjack ~ DR 7:00 Bingo ~ DR</p> 	<p>15 Talking w/ your Dr. 10:00 Bus to Kroger 11:00 Have a good Dr. Visit ~ DR 2:30 Pokeno ~ DR 3:00 Total Body Fitness ~WC</p>	<p>16 9:30 RC Coffee Time—DR 9:30-12 Wellness Center Open</p> 
<p>17 11:00 Sunday School—MPR 6:30 Bible Study w/Bill~ MPR</p> 	<p>18 11:00 Strength & Balance ~ WC 2:30 Blackjack ~ DR 3:00 Move it Monday ~ DR</p>	<p>19 Understanding Grief 11:00 Agility & Mobility 11:00 Coping and understanding ~ DR 2:30 Pokeno 6:00 Veggie Sale ~ Living Room 7:00 Bingo ~ DR</p>	<p>20 11:00 Strength & Balance ~ WC 1:00 Bus to Publix 2:30 Trivia ~ DR</p> 	<p>21 11:00 Stretch and Relaxation ~ WC 1:00 Book Club ~ MPR 2:30 Blackjack ~ DR 7:00 Bingo ~ DR</p>	<p>22 Orientation Day 10:00 Bus to Kroger 1:00 Resident Orientation ~ MPR 2:30 Pokeno ~ DR 3:00 Total Body Fitness ~ WC</p>	<p>23 9:30 RC Coffee Time—DR 9:30-12 Wellness Center Open</p> 
<p>24 11:00 Sunday School-MPR 6:30 Bible Study w/Bill~ MPR</p> 	<p>25 Chocolate Mint Day 11:00 Strength & Balance ~ WC 1:00 Chocolate Give away ~ DR 2:30 Blackjack ~ DR 3:00 Move it Monday ~ DR</p>	<p>26 Ginger Foot Care 11:00 Agility & Mobility/ WC 2:00 Spanish Class ~ MPR 2:30 Pokeno ~ DR 6:00 Veggie Sale ~ Living Room 7:00 Bingo ~ DR</p>	<p>27 11:00 Strength & Balance ~ WC 1:00 Bus to Publix 2:30 Trivia ~ DR</p> 	<p>28 Red Lobster Dinner 11:00 Stretch and Relaxation ~ WC 1:30 Birthday Bingo ~ DR 2:30 Blackjack ~ DR 4:00 Trip to Red Lobster 7:00 Bingo ~ DR</p>	<p>Pearline's Place Grocery and Deli Open 11-4 pm Monday to Friday</p>	<p>Transportation Coordinator Mohamed "Mo" Ullah 404-419-2098</p>